COLORADO FOUNDATION

FOR CONDUCTIVE EDUCATION

Spring Newsletter 2015



... Achieving independence through active learning

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The Colorado Foundation for Conductive Education is a 501(c)(3) public charity committed to providing opportunities for individuals with motor challenges to achieve optimal physical, cognitive and social independence through the application and promotion of Conductive Education principles.



E

ur 2015 CFCE golf tournament happened two weeks ago at the beautiful Arrowhead Golf Club in Littleton,

CO! It was Thursday, June 11th, 2015, and 72 golfers came out for an afternoon of golf, food and games. Most golfers made it to the 15th hole before a tremendous thunderstorm rolled in and sent everyone inside to start the evening section a little earlier. There was one brave team who stayed out to play all 18 holes, but most golfers were just happy they managed to play as long as they did before the rain came in.

It was a great afternoon of golf for an amazing cause! We had lots of games on the course this year including our newest game, golf poker! Also, at one hole there was a chance to 'buy a drive' for those teams who wanted to have a better score on that hole. While competing against neighboring teams, the golfers also enjoyed some ice cold beer, kindly donated by Golden City Brewery.

Following the golf game, we invited everyone to stay for a short evening of delicious hor d'oeuvres, a chance to catch up with friends and enjoy the dra-

6th Annual CFCE Golf Tournament

matic thunderstorm over the beautiful landscape at Arrowhead. We had a great raffle draw and twenty-one guests were able to take home prizes this year! Some of the raffle prizes included art work, event tickets, restaurant gift cards, massages, Broncos tickets, Colorado Rapids tickets, and a great trip to Steamboat Springs, which included a one night stay and a round of golf for two at the Sheraton and Rolling Stone Ranch golf course.



In our next newsletter we will have lots of photos for you to enjoy from our event and a chance to hear the details about our fundraiser.

Thank you to all our golfers and guests this year. We hope you all had a wonderful day at Arrowhead. Please know that without your support, we would not be the growing center that we are, and we would not be able to reach so many children.



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Summer Camps - Meet Our Conductors

id you know that in addition to our year round programs, we have amazing summer camps? These very intensive summer camp sessions run 5 hours a day, 5 days a week. This year, we are running two camps in Denver and two camps in Loveland and are looking to serve over 20 children! Campers make incredible progress towards their independent goals and we are super excited to see how much progress they make this summer while having fun and meeting new friends.

We are bringing in three fantastic Conductors this year and we have a team of incredible class assistants to help run our camps.

Pearl



We have been fortunate to have found a very experienced, loyal and committed Conductor, Pearl, who has been serving our summer camps now for over 5 years. She brings a wealth of experience from many years of working with a wide range of children throughout the world. She was trained at the Peto institute many years ago when CE was still fairly new here in the USA. She and her family moved to Canada over 20 years ago and live in the beautiful landscape of Kelowna, BC. Pearl loves spending time outside, taking walks in the mountains and working on her family's house. She believes in CE because she has seen it work first-hand. Pearl has a daughter with CP and sees the difference CE has made in her life every day. Pearl works really well with children of all ages and she is particularly inventive with

equipment and building things to help kids achieve independence more easily. She is very imaginative and her main goal is to get all of the kids up walking and moving as much as possible.

Agnes ••••••••••••••••••••

This is the third summer that we will have Agnes come over to lead our summer camp in Loveland. She has been a Conductor for over 15 years and currently works in the Early Years group at the Peto Institute in Hungary, where CE was first developed. She is a very kind, patient lady who is very knowledgeable about CE and how to adapt programs to meet every child's needs. She likes to engage with the families and encourage continuation of activities in the home. Agnes also loves to spend time exploring Colorado when she is here. She enjoys coming out for our summer camp and hopes to bring her husband and two teenage sons with her at some point.



Josie ••



Although Josie has been to Colorado once before on vacation to visit Jennifer, this is her first official trip to lead our summer camps. Josie works at the PACE center in the UK, which is where our Program Director, Jennifer, worked before moving to the USA to work for CFCE. Josie comes highly recommended as an inspiring, knowledgeable and creative Conductor. She is passionate about CE and gives a lot of her time and effort to the kids she works with in the UK. She is excited to come to CFCE to work with our children. We think she will be able to bring new and fresh ideas along with a fun learning environment for the kids. Josie has been a Conductor for over 10 years in the

UK after studying at the National Institute for Conductive Education in Birmingham, UK.

All of us here at CFCE, and the children who are attending camp this summer, are super excited to spend time working with these 3 talented individuals. Without your support, we would be unable to bring over these wonderful Conductors, so we thank you for making this possible!

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Day 3 of Skiing for 2015

s some of you may have experienced this year, skiing in March can be a warm and slushy adventure, and this is just the adventure CFCE had for our third CFCE ski day! We signed up with the National Ski Center for the Disabled (NSCD) and had the pleasure of sending 7 children up to Winter Park Ski Resort for another adaptive ski day.

This was our first time in Winter Park and it managed to meet all our skiing dreams. Each child had two volunteers take them up on the mountain. Most kids were in the biski, which allows the kids to sit



down and steer by leaning from side to side. We did have a few try stand up skiing with ski legs or a frame and one adventurous kid tried snowboarding! We were very impressed with the 'no fear' attitude some of these kids have. Despite the abnormally warm conditions, the kids all had a great time and at least we didn't need to worry about cold toes this time!



I think everyone would agree that this was another great ski season for CFCE and we are so grateful for all the supporters who helped us raise enough funds to be able to hold three ski days this year. The parents and kids would like to thank everyone who supported our ski programs for 2015. It is thanks to you all that the kids and their



families can experience a sport that would otherwise be a challenge for a lot of families.

We will be holding a pledge drive again at our golf tournament where you can pledge to support this ski program and allow us to take up another group of kids skiing for 2016. If you will be at the tournament, look for our pledge sheets.

If you will not make it to our golf tournament his year but would like to pledge towards this program, please send an email to admin@conductiveed.com with your pledge amount this summer and we will be asking for that pledge to be fulfilled in October 2015.

Donate today!



Meet a Class Assistant: Kendal

ello! My name is Kendal Baggett and I have been with CFCE for 7 months. When I am not working with CFCE I am either eating pizza, jogging or riding horses. If you ever see me along the Poudre river on foot or on horseback, don't hesitate to say hello! What I like best about working at CFCE is seeing

another person's accomplishments. It is an accomplishment of mine to assist others overcome obstacles and fulfill their dreams, whatever they may be. I believe that conductive education helps children with motor disabilities because the combination of therapy and education is important for their development. Not only does physical/ occupational therapy help with activities of daily living but education can help the children develop life

skills such as being able to count change when at a grocery store or it can help their memory. The children also learn communication skills, which is also an important skill to have when going about activities of daily living. I believe that mental skills are just as important as physical abilities, so CFCE provides these opportunities for children so that they can live a better quality of life.

More adventures for CFCE!

ow that we have successfully mastered the adaptive ski programs in Colorado, we are now looking at how we can help families get out and enjoy the mountains throughout the year. One of our CFCE parents had the idea to start an adaptive outdoor recreational equipment rental program through CFCE. Amanda Hellyer and her family have always enjoyed being outdoors, but it is hard to access a lot of the beautiful Colorado scenery when your child is in a wheelchair. Amanda has made a plan to provide accessibility to the outdoors for children in wheelchairs here in Colorado:

Some time ago, my husband Brian and I had the opportunity to take our daughter Charlotte on a hike in New Zealand, which is no small feat for someone who uses a wheelchair. Through a community lending program, we were able to borrow a TrailRider to transport Charlotte to places we never thought were possible. This summer, myself and CFCE are hoping to expand our program to meet the recreational needs of both children and adults with physical disabilities. Surprisingly, given the vast number of trails in Colorado there are no rental programs that provide equipment for people in wheelchairs to access hiking and mountain trails with their family and friends. More specifically, there are few inexpensive ways.

Our long-term objective is to offer a variety of adapted outdoor equipment for the physically disabled and their families to rent at a reasonable rate throughout

the year. Thanks to our fundraising efforts so far, we are able to purchase our first piece of equipment, the TrailRider. With the Trail-Rider's single-wheel maneuverability, safety, and comfort, users can access remote locations that



would otherwise be impossible using a conventional wheelchair. We hope to continue to purchase other adaptive outdoor equipment to build up our rental program called Outback Mobility, a program brought to you by CFCE that will provide opportunities to families who never thought it was possible to experience Colorado in an adventurous way with their families in a wheelchair.

All proceeds donated to this program will go towards purchasing new equipment and the maintenance and general upkeep of purchased rental equipment.

We have a go fund me page, which is an easy way to give to this program. Simply follow this link: <u>www.gofundme.com/tfaae8</u>. Alternatively you can give on our CFCE website by sending an email to <u>admin@conductiveed.com</u> with the amount you would like to donate.

Donate today! Go to: www.gofundme.com/tfaae8

Your donations help change lives!

Thanks to those who have contributed so far, families can start renting the Trailrider out for hikes and backpacking in July, so please spread the word to any friends or colleagues who may enjoy this opportunity.



CFCE's New Page on Facebook!

CFCE has been on Facebook for some time, perhaps you are a even member of our Facebook group. We are switching things up a bit and changing from a public group to a Facebook page. We ask that you please visit and "Like" our new page at https://www.facebook.com/conductiveed. Then keep an eye out for CFCE shares, updates, and stories on your wall. The group will be closed soon, so make the switch with us today.

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Who Likes Pizza?

You are invited to a

Justine's Pizza Fundraiser With CFCE

One of our CFCE class assistants, Kendal, has kindly volunteered her time to organize a fun fundraiser to help raise money for CFCE. Kendal works at Justine's Pizza in Loveland and is holding a fundraiser on July 19th, 2015. We are sure that it will be a huge success! Fundraisers like these make it possible for us to continue offering important programs to children with motor disabilities.

Dine in or takeout... either way Justine's has some of the best pizza in Loveland and CFCE will get a very generous 40% of all sales that night. Join us anytime from 4-9pm for pizza and bring your friends too! Alternatively, you can call ahead to have your takeout order ready to enjoy at home, call 970-667-8808.

Justine's Pizza has developed an outstanding reputation for serving top-quality pizza with excellent service! Every batch of dough and sauce is made in the restaurant using the decades old recipe. See their menu here: http://justinespizza.com/loveland-menu/

If you are not able to attend or takeout pizza from Loveland that night, would you consider a monetary gift to CFCE? Contact our office at 970-667-0348 or go online to www.conductiveed.com to donate.

RSVP by joining our Facebook event here: https://www.facebook.com/events/1487028998186204/

We thank you in advance for your support!

Mark your Calendar: July 19th, 4-9pm



A huge thank you to this year's GOLD SPONSORS:

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A huge thank you to SILVER SPONSORS for 2014-2015:

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IMPORTANT DATES: Summer Camps run June 1 - August 7, 2015 Justine's Pizza Fundraiser - July 19, 2015

I'll do my part to help CFCE....

Yes, I would like to donate to CFCE and help individuals with motor disabilities. I want to do my part to help them achieve their goal of independence. I've enclosed my tax-deductible gift of:



| | \$25 | \$50 | \$100 □ | \$250 □ | \$500 □ | Other \$ |
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