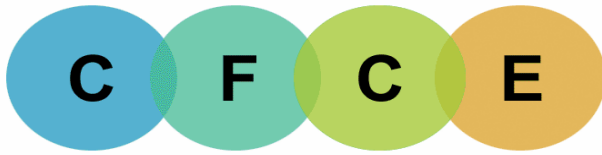


COLORADO FOUNDATION



FOR CONDUCTIVE EDUCATION

... Achieving independence through active learning

Spring Newsletter 2011



Volume 3, Issue 1



March 2nd 2011

INSIDE THIS ISSUE:

National CE Awareness	1
Golf Tournament 2011	2
Thank you Janine	2
Christmas Camp	3
Summer Camp	3
Donations	4

NATIONAL CONDUCTIVE EDUCATION AWARENESS DAY 2011

On February 24th, we celebrated the 2011 Conductive Education Awareness Day along with all the other CE centers throughout the United States. The purpose of this event was to get people across the United States to recognize and acknowledge Conductive Education. CE is still a fairly new approach in the US, and therefore we need to educate people about what it is and the true benefits of CE in our society to help people with Motor Disabilities become more independent in their day-to-day lives.

Our efforts here in Colorado included writing to local media and national television shows including Oprah and Dr. OZ. CFCE also received a proclamation from the Loveland City Council to recognize The National CE Awareness Day in Loveland.

CFCE had the pleasure of having a booth at the Loveland Children's Day on March 2nd, 2011, to promote and increase awareness of Conductive Education in Loveland. Hundreds of children and parents walked by our booth to look at the many pictures of our children working hard in conductive programs and to pick up free silly bands and tattoos we handed out from 3elove, a company that promotes embracing diversity and educating the community. The symbol of a wheelchair in a heart shape helped people passing by understand that CFCE works with this diverse population, and the importance of recognizing them in their schools and community.



Will you pledge to stop the 'R word' being used?



Another event CFCE attended was held at Tiny Tim's school, Longmont on February 19th, 2011, which was in association with the campaign 'Spread the word to end the word'. They are talking about that R word that is used so frequently in today's culture, 'Retard' or 'Retarded.'

Mentally retarded or mental retardation used to be common clinical terms for a specific medical condition. However today the pejorative forms 'retard' and

'retarded' are used in our society to degrade and insult someone with intellectual difficulties. It can also be used as a synonym for stupid or dumb for people without a disability. Using this word in this form can reinforce the stereotype of people with intellectual disabilities being less valued members of society. **Please pledge today to stop using this word that hurts many of our children at CFCE and nationwide.**

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The Colorado Foundation for
Conductive Education is a 501(c)(3)
public charity committed to
providing opportunities for
individuals with motor challenges
to achieve optimal physical,
cognitive and social independence
through the application and
promotion of Conductive Education
principles.

www.conductiveed.com

Are you signed up for the CFCE 2011 Golf Tournament?

Ready to dust off those golf clubs from last year? If yes, then you need to start shining your shoes and get ready for our 2nd Annual CFCE Golf Tournament - 2011. It will be held at the very popular, luxury golf course, The Inverness Golf Club in



Englewood CO on June 16th. This 18-hole course with challenges at every hole will keep you entertained under the beautiful Colorado sun for your entire day of golf. Sign up now as an individual or in a foursome to experience the true golf experience for a meaningful and worthwhile cause. Once you have soaked up the sun on the course, join us inside with your guests for a delicious meal and silent auction. Last year this was a huge success and we are hoping for a similar outcome this year.



The money we raise from this event will go directly toward our Conductive Education Center, to help our center grow and reach more children with motor disabilities in Colorado. Every penny will help these children learn new skills to develop their abilities to become more independent in their daily lives. Help a child today to carry out simple activities such as getting dressed, feeding themselves and brushing their teeth, which we take for granted everyday, and get involved with this fun and exciting social fundraiser. For more information on the CFCE Golf Tournament and ways to sponsor or sign up, please visit our website at www.conductiveed.com, or contact us at 970-667-0348 or by emailing jenniferp@conductiveed.com.

Sign up today, or sponsor us for your business to be advertised.

Golf Tournament Registration:

www.conductiveed.com

Thank you Janine Sturdavant for all your help!



Janine Sturdavant has been a valued volunteer at CFCE over the past few years for bringing a new dynamic to our Conductive Education classes. When Janine is not working at Shelby Resources, where she has been employed for 3 1/2 years, she spends her spare time working for a non-profit called ARK (Art Reaching Kids Inc). The company works to serve the community by providing art programs for at-risk youth and children with disabilities. They provide art instruction to the children along with positive reinforcement and a chance for children to truly express themselves using different mediums of art. The CFCE children always enjoy the projects Janine sets for them to do, and although the children go home covered head to toe in washable paint, the parents love to see how their child expressed themselves on canvas.

Janine Sturdavant works as a geologist for Shelby Resources and owns and operates Golden City Brewery,

Golden Colorado with husband Charlie. Janine also has 2 children, Tamara 23, and Derek 19. Janine is a talented artist which is how she first joined ARK after signing up for a painting class with her ARK co-founder, Steve Tracy.

CFCE would like to acknowledge Janine for all the time and effort she puts in to volunteering and for getting the art supplies donated to our center for our children to enjoy, learn and express freely through art. We are so thankful for her continued help. As a result of ARK's



Janine Sturdavant

program, CFCE was able to host an Art show at a local Loveland gallery for the children to sell their art work and raise funds for the center.

We are looking forward to the next ARK program this summer 2011, and seeing more fantastic art work from our children here at CFCE. Thank you Janine for all that you do for CFCE!



CFCE Christmas Challenge Camp

For the first time since CFCE opened we held a 2 week Christmas Challenge Camp. Nine children attended the 8 day camp surrounding Christmas. The children enjoyed decorating the classroom and creating many art projects, including sticking cotton wool on Santa's beard, wrapping garlands, and painting their hands for Rudolph's antlers. But amongst the fun and excitement of the Christmas Holidays came a lot of hard work and challenges. Each child was given one specific goal/challenge to work on for the 8 days. They also worked on their other goals, such as ADL skills: toileting, dressing, eating, walking and fine motor skills.

On the last day of camp, CFCE held a special Challenge Day. All the children's family and friends came to watch them achieve their individual goals. There was a lot of cheering and encouragement from the crowd as each child got up nervously to put all their hard work and effort into completing their challenge. It was a very fun day for all of the children, and you could see how proud the parents were of their children during the challenge.

After the challenge, we celebrated the success of each child with a small party. The children received gifts donated by our local radio network. And there was plenty of cake to go around. We are very proud of all the children and the hard work they put into the 8 days of camp.

A big thank you to all the staff and parents who helped us during this busy camp. We look forward to making Christmas Camp an annual event!



Donate today!

Go to:
www.conductiveed.com
 Your donations help change lives!

Summer Camp Approaches Fast



Libby and Kiera walking out of the classroom at the end of the day still with smiles on their face, after working hard at Conductive Education.

Just as the snow is beginning to melt, it is time to start thinking about warm weather and putting on the sun screen, as we fast approach our very popular Summer Camp season. The sessions are almost full with children for both June and July. We will be welcoming back Pearl and her daughter, Claudia, to lead the July camp, and we are excited to have Eva, a Hungarian trained conductor living in New York who has over 13 years of experience, come for the month of June. We look forward to their ideas and the experience they will bring to our center to help our children achieve their individual goals and succeed in many different areas. We also have invited ARK back for another fun day of creative art projects during each camp. We know how much the children enjoy these art programs.

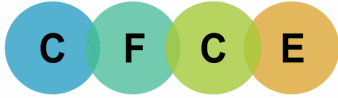


The children enjoying to play with stretching frogs as they work on warming up their hands for the program ahead in last

Our Summer camps are always very popular, and a great way for the children to receive intensive Conductive Education over a month period. The leaps and bounds they achieve during this time always exceeds everyone's expectations and it is our hope that the children and parents will leave camp knowing how worthwhile these programs are and what a difference Conductive Education has made in their lives.

As always, we are looking for volunteers to join us for a few days during the summer break to come and help us run the camp. All volunteers will be given training and plenty of guidance throughout each session. We would really appreciate any time you or someone you know is willing to spare to come and help us with our program. Thank you in advance!

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SAVE THE DATE:

June 1st - June 29th CFCE June Summer Camp

July 1st - July 29th CFCE July Summer Camp

Thursday June 16th - CFCE 2nd Annual Golf Tournament

Thank you to our Volunteers:

Julie Reichert, Doug & Debbie Liller, Jim & Katie Waechter, Janine & Charlie Sturdavant, Craig Poortinga, Maureen Corey, Trey Mallon, Peter Doyle, Shaun Shahmardian, Peggy Goss



I'll do my part to help CFCE....

Yes, I would like to donate to CFCE and help individuals with motor disabilities. I want to do my part to help them achieve their goal of independence. I've enclosed my **tax-deductible** gift of:



\$25 \$50 \$100 \$250 \$500 Other\$ _____

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ (please print legibly)

Help us to be eco-friendly! Give us your email address so we can send your donation confirmation by email. Thank you!



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