# COLORADO FOUNDATION C F C E FOR CONDUCTIVE EDUCATION

... Achieving independence through active learning

Fall Newsletter 2014



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The Colorado Foundation for Conductive Education is a 501(c)(3) public charity committed to providing opportunities for individuals with motor challenges to achieve optimal physical, cognitive and social independence through the application and promotion of Conductive Education principles.

#### **Summer Camp Round Up-Denver and Loveland**



This past summer, CFCE saw the biggest growth in children attending our popular summer camps here in Colorado. We had a total of 19 children attend our two summer camps. We had 10 children attend our Denver camp in June and 9 children attend our Loveland camp in July. Each camp can accommodate up to 10 children in order to ensure that each child is receiving the right level of goal orientated tasks. It was very rewarding to see so many children build up in strength, stamina and functional ability to carry out new tasks by themselves. We had the pleasure of two Conductors who came to run our summer camps. Pearl, from Canada, has been a summer camp Conductor with us for over 6 years now and the children all have a great relationship with her. She has a bubbly personality and comes up with very unique and inventive ideas to help the kids learn new skills. Agnes was our other returning conductor at our Loveland camp. This was our second year



working with her and we hope to see her again next year. The children and parents love Agnes and her gentle spirit with the children. She is very caring but also knows how to motivate and challenge the kids in a way that helps them achieve their goals.





We are hoping that we may have even more children attend our camp next summer, and we will need to consider starting a third camp in Colorado to meet the demand. If you know any families who may be interested in a Conductive Education summer camp this year, please put them in touch so we can try to reach even more kids with this therapy program that truly meets the needs of the kids in our community who are challenged with a motor disability.

If you are interested in helping us with fundraising, volunteering or help organizing our 2015 summer camp, please don't hesitate to contact the CFCE office at (970)667-0348 or email us at admin@conductiveed.com.

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#### Why Jonah Comes to CFCE Summer Camp!

CFCE's intensive four-week summer camps take the children through carefully planned programs designed with each child's goals in mind. Through repetition, the children learn how to adapt acquired skills into different situations within their home, school and community.

Jonah attended our Denver camp this summer. His mom, Charlene, has this to say about Jonah's history and his involvement with Conductive Education and CFCE: "Jonah was born July 26, 2003 in Longmont, CO. He was a full term baby with no difficulty during pregnancy. Due to major complications during delivery, Jonah was deprived of oxygen for over 17 minutes. Jonah was not expected to live 3 days, 3 weeks or 3 years. He went home on a hospice basis after 2 1/2 months in the NICU. With that prognosis, we were sure we had a very rough journey in front of us.

Jonah has tried and benefited from many diverse methods of therapy; traditional and non-traditional. But we fell in love with Conductive Education, as did he. Jonah started conductive therapy when he was 2 and then attended the Conductive Center in Grand Rapids, MI. We were impressed with the progress he achieved in a 4 week session. So when Jonah turned 5, we decided to send him a full school year and skip the traditional therapy and school.



Once we came back to Colorado we started at the Center in Loveland and we were thrilled when the Denver center opened!! Jonah continues to work hard and maintain the skills he has learned through the years. Although it is not a miracle cure for Cerebral Palsy, it is a method of learning that has not just helped Jonah physically, but his confidence and independence has been astonishing."

Jonah enjoys spending four weeks at the CFCE summer camp and loves working with other kids who have similar challenges as him. The summer camp gives Jonah the continuous intensive sessions that he needs to learn skills such as sitting independently, walking and hand tasks.



## Preslee Stands Tall at CFCE Summer Camp!

Preslee, who is from Wyoming, attended CFCE's Loveland summer camp for the third year in a row this summer. Her family shared with us a little about her and the impact they feel Conductive Education has on her. "Preslee was born at 31 weeks. About a year later she was diagnosed with Cerebral Palsy. She has been doing physical and occupational therapy since she was about 4 weeks old. When she was one, we moved to Philadelphia for school. She began botox treatments, and more PT at CHOP (Children's Hospital of Philadelphia). When we returned to our home in Wyoming, we found CFCE. Preslee loves attending summer camps! She enjoys the wonderful helpers and conductors. We love to see how much she improves from all the hard work that is put in. We are so thankful to have found CFCE and such amazing people and new friends. We only wish we lived closer so we could do more Conductive Ed!"



#### Not one... not two... but THREE Upcoming Ski Days!!



Thanks to the generous support at the golf tournament this summer, we are able to take the children at CFCE on three ski days this year. In previous years we have managed to cover the cost for two days at the Breckenridge Outdoor Education Center, but due to the outstanding pledges we received this year, we are taking the children for 2 days at Breckenridge and an extra day at Winter Park Ski Resort.

We want to say a big THANK YOU to our supporters who have already pledged funds to make this happen. Because of your pledges, we will be able to take up to 12 children on three skiing adventures. These programs are not free, but your pledges help cover the cost for each child to attend. CFCE is thrilled to offer this chance for our children to get on skis and race down the slopes! We know this is a really fun and amazing opportunity for the families. They all love this special day and can't wait for the following year.

We are excited to share the dates for the THREE ski days for 2015! We have two dates secured with BOEC in Breckenridge on Saturday, January 24th, 2015 and Saturday, February 28th, 2015. Our past experiences with BOEC have proven to be remarkable. They do such great work.

Our third date will be at with NSCD at Winter Park Ski Resort on Sunday, March 15th, 2015. This will be the first time we have worked with NSCD and we are anticipating that it will be another awesome experience for our children.

The CFCE staff and the families thank you again for giving these children a chance to experience downhill skiing!















At the Golf Tournament this summer, CFCE held a live auction for fabulous vacation packages. The highest bidder of our Estes Park Weekend Getaway Package was the Hellyer Family. Here's what they shared about their trip to Estes: "This past July, our family was able to take advantage of a fantastic weekend getaway in Estes Park thanks to one of the great vacation packages available at this year's CFCE Golf Tournament and Auction. Our weekend started with a leisurely drive up Hwy-34 on the west side of Rocky Mountain National Park with ample bird viewing for our 8-year old wildlife enthusiast,

Charlotte. Our afternoon was packed with activities that included a 2-hour horseback ride at the Elkorn Stables for Dad, and some early Christmas shopping at the Rocky Mountain Gateway Gift Shop for Mom and Charlotte. Before dinner we decided to check into our room for the night at the historic Stanley Hotel. The three of us enjoyed a very interesting (yet slightly spooky) tour of the hotel and grounds before heading into town for some delicious pizza at Bob & Tony's Pizza.



Many thanks to all of the vendors listed above who donated their services and time to benefit the CFCE programs. We will definitely be back to Estes Park soon, and we look forward to seeing what other cool packages are available next year!"

CFCE wants to send a big thank you to the Hellyer Family for bidding on - and ultimately winning - this awesome package. For all those who participated and supported this annual fundraiser, we can not thank you enough! We look forward to seeing you at our next event.



# A New Partnership with Halliburton

This year, CFCE was invited to participate in Halliburton's annual companywide Giving Choices campaign. During the month of October, Halliburton employees have the opportunity to donate to their



favorite charities. For every \$50 donated, Halliburton will match that contribution with an additional 10% donation.

With the help of two of our CFCE moms, Robin Palmer and Kristi Kozney, CFCE set up a table at Halliburton's 8th Annual Charity Fair to provide their 1000+ employees with more information about CFCE and how we are making a difference for families in Colorado. We were able to provide Halliburton employees with all the information they need to understand our organization and feel confident that their donations would make a direct impact in the lives of CFCE kids.

We look forward to building our relationship with Halliburton and bringing awareness about our program to their employees. Thank you, Robin and Kristy, for helping us to get the word out!

Does your company have a similar event or have a matching gifts program? Please let us know if you would like to help spread the word about CFCE through your company's charity program. Helping us join these programs is a great way for you to help CFCE grow!

## Donate today!

Go to: www.conductiveed.com Your donations help change lives!



#### Fall Fundraiser 2014



CFCE is just about to launch our fall fundraiser with a few returning items to choose from, so get ready to check a few people off your holiday shopping list by shopping with CFCE!

This year we are again offering our first edition cookbooks, note cards and Christmas cards. Proceeds from all items sold will go towards CFCE's general fund to help keep the student tuition costs low and affordable.

The first addition of "CFCE Cookbook: Our Favorites Recipes" would make an excellent gift. The CFCE Cookbook is filled with the kids' favorite main & side dishes, soups, salads, desserts and beverages. It features pictures of the children helping to prepare (and eating) their yummy favorites. Also included are authentic Hungarian recipes from our visiting conductors, such as Hungarian Goulash Soup. Many of our staff members and volunteers have also contributed recipes. This quality cookbook with 58 recipes sells for \$20 plus S&H.

The note cards feature the children's art work. In the assorted pack, each card has a different design. You can also order a One-Child-Only pack. The Christmas cards feature the children's clever Christmas art work and each card has a different design. A pack of 10 cards, note or Christmas, with 10 envelopes are \$10 plus S&H. Plan to pick up a couple packs for yourself and several more for friends and family.



All three of these items will make great holiday gifts! Additional information and order forms for purchasing these gifts will be emailed soon and links to the forms will be posted on our website and Facebook page.

Please contact our Office Manager, Kirsten, at 970-667-0348 or via email at office@conductiveed.com with any questions or if you need ordering assistance. Please plan to pay when placing your order. We accept cash, check or credit card.

## Meet a Child: Evelyn (written by her mom, Christie)

Evelyn is a sweet, lovable 4-year-old girl who brings a smile to all who meet her. She has a disorder called CDKL5. CDKL5 is a gene on the X-chromosome that is important for brain development and affects many body systems. She was a big healthy baby at birth, but started having seizures at 2 weeks old. The seizures are very difficult to control and add to the developmental delays Evelyn has. She does not talk, walk on her own, feed or dress herself.

Progress is slow, but thankfully has steadily been in the forward direction. This summer Evelyn attended Conductive Education for the first time. The gains she made were incredible. Evelyn's strength and endurance for standing



and walking increased. She learned to hold onto a bar while standing. Her attention to activities and her interaction with others increased. Evelyn learned to work on tasks while



lying down, sitting and standing. With the demands placed on Evelyn during the Conductive Education Summer Camp, she rose to the occasion and gained endurance and skills to become more interactive and functional in her environment. It was a wonderful experience and she is now continuing on with Conductive Education's after school program. We are grateful for the opportunities and abilities Conductive Education has brought to our precious Evelyn.



#### **Shopping Extravaganza - Our Second Year**





It was an absolutely beautiful fall day for CFCE's second year participating in a fundraising event hosted by the Outlets at Loveland. The Shopping Extravaganza was held Saturday, October 18th and it was certainly a successful venture again this year for CFCE! In the weeks leading up to the event, CFCE families and staff promoted the fundraiser and sold tickets to family members, friends and co-workers. CFCE benefited from the ticket sales by receiving 50% of each ticket we sold.

Congratulations to our top ticket seller, Tiffany Poortinga, who influenced the sale of 24 tickets on CFCE's behalf. We would like to thank Tiffany, who was our top ticket seller last year as well, for sharing her passion for CFCE with her family and friends. In addition to this event being a fundraiser, it was also great exposure for CFCE. We set up a table with brochures and information on Conductive Education and featured the profiles of some of our children.

It was a very entertaining day for event-goers. Each ticket purchaser was able to take part in lunch, dessert, wine tastings, mani-

cures, chair massages, and of course, discounts at the participating stores. Over \$10,000 in prizes were donated by the stores in the Outlet Mall creating a lot of excitement and anticipation for the hourly prize drawings. CFCE families and staff were amongst the prize drawing winners. We plan to participate in this event again next year and possibly at other locations too. We hope more of you might join us next year, so look out for our email!



# Meet CFCE's Newest Volunteer: Peter Doyle



My wonderful wife, Jennifer, does incredible work at CFCE! Aside from being my best friend, she has a gift for working with CFCE's kids and has always had a passion for the work CFCE does. Her energy is contagious. As a result, I've started volunteering more at CFCE over the past few months. After serving for several years in the Air Force, I transitioned into a career in business in 2009. Specifically, I work as an accounting and financial consultant and I have an unhealthy interest in spreadsheets! I also love the outdoors and woodworking.

The more I learn about Conductive Education, motor disabilities, and the (lack of) support available for families, the more excited I get about what CFCE can do. As a volunteer, my goal is to offer my time and skills to help ensure that CFCE continues to grow and build the children's ability to lead more independent lives. I am excited about CFCE's future! CFCE has done an incredible job of channeling donations directly towards its operations – to the classes and camps that help CFCE's kids the most. What's more, the kids and the staff are a joy to be around. If you've ever thought about volunteering at CFCE, I highly recommend it!

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#### **IMPORTANT DATES:**

BOEC Ski Days at Breckenridge ~ Jan 24, 2015 & Feb 28, 2015 NSCD Ski Day at Winter Park ~ Mar 15, 2015

Thank You to Our Volunteers This Quarter: Jennifer Doyle, Pete Doyle, Kristi Kozney, Robin Palmer, Tiffany Poortinga and Kirsten Tremelling

#### I'll do my part to help CFCE....

**Yes**, I would like to donate to CFCE and help individuals with motor disabilities. I want to do my part to help them achieve their goal of independence. I've enclosed my **tax-deductible** gift of:

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