



Summer News Letter

COLORADO FOUNDATION
C F C E
FOR CONDUCTIVE EDUCATION

Volume 1, Issue 1
Summer 2009

Summer Camp '09

Most children go to summer camp to learn youth sports, outdoor skills, music or to hike mountain trails, but our CFCE kids are different, they go to camp to learn skills for independence, like walking, sitting, feeding and self-care. This summer CFCE held its first Summer Camp. The campers enjoyed the large group setting and peer interaction. The children attended camp the entire month of June for 5 days a week, 5 hours each day. They all worked hard and attained such wonderful stamina. Eight year old, Isaac, worked on walking unassisted with a pair of wooden "bear" shoes that his dad made with instructions he received from Pearl, the Conductor. Also, Isaac learned to walk beside the wall with side-stepping. Josiah gained more muscle control and was able to hold his head up in a lying position for a longer period of time. James used his right hand (he rarely uses this hand due to a stroke he had after birth) to weight bare. He was able to sit for 10 minutes with his feet flat and hands on the table. Brenna worked on walking with her walker for longer distances. She loved to sing while she walk. Emma learned to hold her head up for longer periods of time and is now able to sit on a ladder-back chair without assistance for 2-3 minutes. Jackson learned to keep his balance independently and in different positions when holding on to something. He gained a lot of muscle strength when on his back. Libby worked on walking with her walker and practiced different speech sounds using a loud clear voice. Carlyn worked hard on free sitting, bending her legs independently and gained more control of her oral motor skills.

Most people take for granted what these children are learning in camp, but for our kids at CFCE Summer Camp, these are steps toward independence! The children are very proud of their accomplishments and enjoyed being in a classroom where they are expected to complete their requested tasks. They tried their hardest to do these tasks on their own. Isaac's mom, Mary, had great things to say about the camp, "For Isaac, the main benefit is that the [Summer Camp] program integrates OT, PT, Speech and academics with a heavy focus on walking. The intensity and duration of the Summer Camp and the quality of the staff make it truly unique in Colorado. There is no comparison to traditional therapy or to what his school district tries to provide in ESY. Best of all...he likes it!" CFCE had a wonderful staff for the Summer Camp lead by CFCE Conductor-teacher, Judit Soptei.



CFCE Staff and Volunteers

We are grateful and amazed at the dedication of our staff and volunteers. They all give 100% of themselves to help the center grow and prosper; plus they provide a fun, clean and healthy environment for our students. Our staff and volunteers include:

Staff:

Judit
Jade
Leah
Laura
Lindsey
Ben

Volunteers:

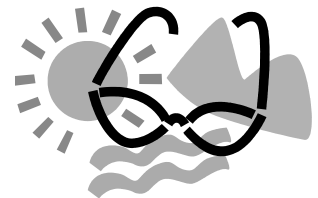
Katie
Matt
Christi
Bradi
Brittany
Missy
Emily
Ashley
Brianna
Ciera
Rachel



A special thanks to Christi, Brittany and Bradi for cleaning the center after each class and Matt Hickman for putting together CFCE's promotional video. We truly appreciate all your hard work!!

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President's Notes by Roxanne Waechter



James Waechter

WOW! What an amazing time CFCE has had since we incorporated September 18, 2008 and moved into our new facility November 2008. We have gone from our initial four students, Carlyn, Tyler, James and Libby to our present enrollment of thirteen students. **And** each month that number continues to increase. CFCE's two open houses brought many family, friends and business associates to our center to see and experience what Conductive Education is all about. There were many looks of awe and wonderful comments on how impressed they were with everything CFCE has accomplished in a short period of time. We appreciate all of you who came to visit and each of you that donated your time and money to help the advancement of CFCE.

We would also like to offer a special thanks to Attorney, Stan Matsunaka and Ray Caraway, President of the Community Foundation of Northern Colorado, for taking time out of their busy schedules to visit the center. Their help and suggestions will be very instrumental to the growth of CFCE as we work with them on educating the insurance companies and other providers of medical reimbursement about Conductive Education and on locating organizations that offer funding or financial backing for nonprofits such as CFCE.

And hey, how about our first Summer Camp!! We all couldn't be more thrilled with how well it went. It touched our hearts to see the children's happy faces and to hear the stories of success from the children's parents. Way to go to all of you that were involved!

In Hungary, where CE is integrated into the school system, 70 percent of people with CP walk. In the US, about 30 percent of people with CP walk.

International Institute for Conductive Education. 2008

CFCE held its first fundraisers: a yard and candle sale. Between the two events, we made over \$600 for the center. The money raised will be spent for Conductive Education steps and a ramp for the classroom. We appreciate all of you that helped with these events and those who purchased candles and items at the garage sale.

Many of you are aware of CFCE's recent media coverage but for those who are not, CFCE recently had a team from 9 News of Northern Colorado, Gary Wolfe and Adam Chodak, come to the center to film and write a story about the children in Conductive Education. The Fort Collins Coloradoan newspaper sent photographer, Jenna Schoenefeld, to take photos for the newspaper. The Coloradoan wanted to run Adam's story the same day his 9 News program on Conductive Education aired. It was all very exciting and great coverage for our program! Because of this coverage, CFCE will soon be welcoming new students to CE classes. Welcome new students!

And last but certainly not least CFCE finally received its nonprofit approval from the IRS! We have been waiting months for this and now we can move forward with hiring new conductor-teachers and major fundraising.

Again, a huge thank you from Jim and me to all involved with CFCE. Trey and Katie - we couldn't have done all this without your help. Judit, your obvious love for the children is always inspiring to watch and Craig, our newest Board Member, thank you for providing a parent's perspective to the Board which is very important as we keep our focus on CFCE's mission.



I'll do my part to help CFCE....

Yes, I would like to donate to CFCE and help individuals with motor disabilities. I want to do my part to help them achieve their goal of independence. I've enclosed my **tax-deductible** gift of:

- \$25 \$50 \$100 \$250 \$500 Other _____



Name _____

Address _____

City _____ State _____ Zip _____

COLORADO FOUNDATION



FOR CONDUCTIVE EDUCATION

...Achieving independence through active learning

**483 N. Denver Ave.
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Fundraising

CFCE has finally received approval from the IRS for nonprofit status. This is great news! We are now a 501(C)3 and can proceed with our major fundraising events. Here is a recap of what took place in past months:

In April, we held our 1st open house for our professional associates. Due to a major snow storm hitting central Colorado, many of our invited guests were unable to attend. Those that did helped to make the event a success. Ideas and suggestions were presented, some of the CFCE children did a few of their Conductive Ed exercises to the delight of everyone and many guests were educated on what Conductive Education is about and why the parents say it is so impressive and successful for their children.

The weather was better for our 2nd open house in May. Although it was a rainy day, many family members and friends showed up for the event and it was a great time and huge success. CFCE brought in donations to purchase an air conditioner, parallel bars, plinth tables, ladder-back chairs, a security camera system and much, much more. Thanks to everyone!

Our most recent events included a yard sale and candle fundraiser. With the money raised from the yard sale, we purchased office supplies. Party Lite candles offered CFCE a wonderful fundraising opportunity. CFCE received 50% of the money from the candles sold which amounted to over \$500. Way To Go! This money will be spent on steps, a ramp and additional ladder-back chairs for the classroom.

Please let us know if anyone has suggestions for CFCE to consider for future fundraising. We look forward to hearing from you!



Fundraising has nationally dropped by 30 percent, so we greatly appreciate any assistance we can get.

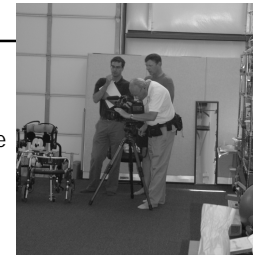
What's New

9 NEWS & FORT COLLINS COLORADOAN

Exciting News - CFCE was featured on the local Denver 9 News program that aired June 29th at 5pm. All the children did great as they showed off their newly learned skills and presented their happy faces for the camera team. Awesome media coverage for CFCE!

When Maureen, mom of CFCE student, Brenna, approached us about her contact with Gary Wolfe at Northern Colorado's 9 News branch, things took off quickly. Gary informed us that he and his partner Adam Chodak were interested in researching CFCE and Conductive Education to see if there was a story to present on 9 News. A few days later, they showed up at the center to film the children and watch this story unfold. You can view the video by logging on to www.conductiveed.com. On the Home page, click on *Programs*. The video will immediately begin running.

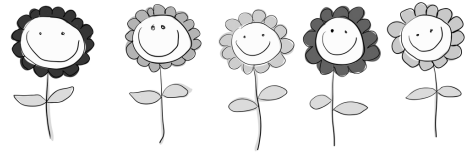
Days after 9 News came to visit, CFCE received a call from the Fort Collins Coloradoan newspaper asking us if they could come to the center and take pictures of the children because they wanted to run Adam's article in their paper concurrently with the channel 9 News story. Log on to www.coloradoan.com and type in Conductive Education in the **Search All** box on the Home page to view the article.



Contributors



The Colorado Foundation for Conductive Education has many generous contributors. Our corporate sponsors and individual donors are very vital to the success of CFCE. Because of their donations, we have purchased new parallel bars, 4 plinth tables, 4 ladder-back chairs, a much needed air conditioner, security camera system and much more. Soon we will be buying handrails, steps, a ramp and more academic and office supplies. Thank you for helping our students further their goals to independence. A special thank you to Superior Roofing for their quarterly commitment to helping the children of CFCE.



Company Contributors

Shelby Resources
Superior Roofing
Burdick & Associates
Fort Collins Walmart Pharmacy
Coulson Excavation
Noble Energy

Individual Contributors

Laleania & Bruce Levey
Sharon Klipping
Debbie & Doug Liller
Henry Allhoff
Craig & Rebecca Kinard
Rocks Credit Union
Rosalin Meyer
Delois & Leslie Davis
Laurie & Steve Pankoski
George & Angela Mallon
Tim & Maria Holmes

Kathy Vaughn
Joseph & Jessica Shaver
Lorraine Dunn
Jeffery & Jettie Zoller
Ann Wink
Sharron & James Whitaker
Gregory & Patti Welfare
Tammy VanUffelen
Betty & Joe Ryan
Jade Regnerus
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Megan Griess
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Chariti & Blaine Fisher
John & Shelly Evans
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Rhetha Davis
Kathy Dane
Jason Cummings
Desiree Cummings
Charlie & Marie Williams
Mathew & Elizabeth Bates
Thomas & Rosika Baker

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